

Officieel

Achilles

Loperse competitie 2009

5 van de 7

	Cat	Baan		Liesbosch		Rijsbergen		Hoeven		Baan		Herfstmarath. Etten-Leur		Kogelwanger		Totaal
		12-2	Coop.test	30-4	Uurloop	20-6	10 km	18-8	6 km	25-9	3000 mtr.	25-10	10 km	off/a	21 km	
1 José van der Linden	Dm1	1	2799	1	12775	1	44.35			1	11.58	1	1:37:38	1	17.04	5
1 Rob Luykx	Hse	2	2997	1	12775	2	43.39	1	26.21	2	11.46			1	36.05	7
2 Willem Dekkers	Hse	5	2815	2	12725	1	42.59	2	26.45			1	1:35:53	2	38.05	8
1 Tomio de Jong	Hm1	1	3250			1	38.10	1	23.13	3	10.34	1	1:25:47	3	34.08	7
2 Kees van de Riet	Hm1	2	3190			2	38.40			4	10.49	2	1:26:11	1	31.48	11
3 Jan Muller	Hm1	3	3001	1	14500			2	24.01	5	11.06			4	34.21	15
4 Gertwan Soethout	Hm1			3	12700	3	45.37			6	11.56	4	1:43:10	6	37.24	22
1 Kees Lazeroms	Hm2	1	3270	1	14750	2	38.54			1	10.37	1	1:26:56	1	32.22	5
2 Jan Arnouts	Hm2	3	3080	2	14725	1	38.26	1	23.46	3	10.52	2	1:27:16			9
3 Peter Gulden	Hm2	2	3208			3	40.10			2	10.50	3	1:33:57	2	32.41	12
4 Kees Lambreghts	Hm2	7	2817			7	45.28			6	12.26	5	1:39:05	7	36.11	32
5 Ben van Loon	Hm2			5	12150	8	45.46	3	27.17			8	1:45:38	9	36.24	33
6 Bertus van Eekelen	Hm2	9	2625	6	11525	10	49.49	6	31.16	8	13.32	9	1:48:21	10	38.55	38
1 Jos Jochems	Hm3	2	3085	1	14200	2	41.09	1	25.27	1	11.34			2	34.03	7
2 Riny Oostvogels	Hm3	4	2685	2	13100			2	27.51	2	13.10	1	1:37:35	4	36.40	11
3 Wim Blom	Hm3	3	2710			3	46.09			3	13.14	2	1:42:20	3	36.30	14

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Heren +4,5%

Dames +5,5%

	Cat	Baan		Liesbosch		Rijsbergen		Hoeven		Baan		Herfstmarath. Etten-Leur		Kogelwanger		Totaal	
		12-2	Coop.test	30-4	Uurloop	20-6	10 km	18-8	6 km	25-9	3000 mtr.	25-10	10 km	off/a	21 km		6-12
1 Tomio de Jong	Hm1	2	3250			1	38.10	1	23.13	3	10.34	1	1:25:47	9	34.08	8	
2 Kees Lazeroms	Hm2	1	3270	1	14750	4	38.54			4	10.37	3	1:26:56	2	32.22	11	
3 Kees van de Riet	Hm1	4	3190			3	38.40			5	10.49	2	1:26:11	1	31.48	15	
4 Jan Arnouts	Hm2	7	3080	2	14725	2	38.26	2	23.46	7	10.52	4	1:27:16			17	
5 Peter Gulden	Hm2	3	3208			6	40.10			6	10.50	5	1:33:57	4	32.41	24	
6 Jos Jochems	Hm3	6	3085	4	14200	8	41.09	4	25.27	10	11.34			8	34.03	30	
7 Jan Muller	Hm1	9	3001	3	14500			3	24.01	8	11.06			11	34.21	34	
8 Rob Luykx	Hse	11	2997	9	12775	10	43.39	6	26.21	11	11.46			16	36.05	47	
9 Willem Dekkers	Hse	18	2815	12	12725	9	42.59	7	26.45			7	1:35:53	23	38.05	53	
10 José van der Linden	Dm1	20	2799	9	12775	12	44.35			14	11.58	10	1:37:38	9	17.04	54	
11 Rinus Wilderom	Rec	15	2870	7	13175			10	27.50	15	11.59	13	0:45:25	1:40:07		60	
12 Riny Oostvogels	Hm3	22	2685	8	13100			11	27.51	21	13.10	8	1:37:35	21	36.40	69	
13 Ben van Loon	Hm2			15	12150	16	45.46	8	27.17			20	1:45:38	19	36.24	78	
14 Kees Lambreghts	Hm2	17	2817			14	45.28			19	12.26	12	1:39:05	17	36.11	79	
15 Gertwan Soethout	Hm1			13	12700	15	45.37			13	11.56	17	1:43:10	22	37.24	80	
16 Wim Blom	Hm3	21	2710			17	46.09			22	13.14	15	1:42:20	20	36.30	95	
17 Bertus van Eekelen	Hm2	25	2625	18	11525	20	49.49	15	31.16	24	13.32	22	1:48:21	24	38.55	99	
18 Kees de Hoon	Hm2	8	3045	5	14025			5	25.31					15	35.46	33	
19 Rini Verhoeven	Hm2			9	12775					12	11.53	11	1:37:39	5	33.03	37	
20 Haydar Kara	Hm1					11	44.26			16	12.19	6	0:43:08	1:35:05	13	34.30	46
21 Frank Kerstens	Hm1	19	2801	14	12350	18	46.41					32	1:53:37			83	
22 Wil Goossens	Hm2	28	2540							23	13.27	23	1:48:50	28	41.08	102	
23 Jac Beekers	Hm3	5	3100			5	39.37							3	32.32	13	
24 Johan Monden	Hm1			6	13425							19	3:42:45	1:43:56	6	33.25	31
25 Jan van der Moezel	Hm2							9	27.47	17	12.22	18	1:43:50			44	
26 Silvia Verhoeven	Dm2	33	2001							8	3:29:09	1:37:35	12	17.11	53		
27 Hans Smit	Hm1			16	12025					20	12.45	21	0:48:22	1:46:38		57	
28 Peter Sanders	Hm2	23	2660					12	28.07			30	1:50:44			65	
28 Wim Meijer	Hm2	16	2860							31	0:50:42	1:51:46	18	36.21	65		
30 Toine Kerstes	Hm2	34	2000			19	47.39			16	0:46:44	1:43:02				69	
31 Barbara Wierema	Dm2	27	2599	17	12000							27	1:49:40			71	
32 Frans Jansen	Hm3	32	2325	19	11050	21	52.47									72	
33 Kees van de Sande	Hm1					16	31.50	25	13.42	33	0:54:36	2:00:22				74	
34 Karin de Wild	Dse									26	13.52	24	0:48:56	1:48:54	25	19.39	75
35 Piet Ijpelaar	Hm2	29	2485							27	14.12			30	42.07	86	
36 Piet V issers	Hm2					6	40.10							7	33.45	13	
37 Martijn van Well	Hse									9	11.33	14	0:46:24	1:42:17		23	
38 Douwe Schouwenaars	Hse	12	2970							18	12.22					30	
39 Anita van Dorst	Dm1							14	30.43			25	1:49:24			39	
40 José Kuijstermans	Dse							13	30.00			28	0:49:44	1:50:41		41	
41 Christ Machiels	Hm3	26	2617	20	11025											46	
42 Nico Swets	Hm2									35	4:21:16	2:01:54	14	35.11	49		

43	Jacqueline Meijer	Dm2	30	2425					29	20.45	59		
44	Ellen den Arend	Dse						34	0:54:30	2:01:18	27	20.13	61
45	Sjac van Dueren den Hollander	Hm1					1	10.30					1
46	Arjan van den Dries	Hm1					2	10.32					2
47	Jasper Kerstes	Hse	10	3000									10
48	Mark Colen	Hm1				13	45.22						13
48	Michel van Boxtel	Hm2	13	2947									13
50	Johan Hack	Hse	14	2900									14
51	Gerard Rijn	Hm3	24	2658									24
52	Cia Smulders	Dm2									26	20.00	26
52	Leonard de Jong	Hm1						26	0:49:42	1:49:34			26
54	Claudia Hefli	Dm1						29	0:49:44	1:50:41			29
55	Corrie van Haperen	Dm2	31	2330									31

